

FEELING *Fantastic*

2022 PLANNER

Every monthly challenge has been chosen to build people up from the inside. Not just a quick fix. But, soul building and heart filling challenges.

That's
**real
gold**



THIS YEAR WE ARE FOCUSING ON *feeling fantastic.*

Every monthly challenge has been chosen to build people up from the inside. Not just a quick fix. But, soul building and heart filling challenges. Or, as I like to call them “**REAL GOLD**”.

Before we talk about the monthly challenges. Let me introduce you to the concepts of “Real Gold” and “Fool’s Gold”. Real Gold are things that make you feel fantastic right down to your

core. Fool’s Gold is something that you think is going to build you up but leaves you depleted instead.

Real Gold is harder to find, where Fool’s Gold is being sold to you on every corner. Real Gold gives long lasting satisfaction, where Fool’s Gold is a quick fix.

Here are our challenges for this year.



January

Ready, Set, Go

Real Gold is the feeling of knowing where you stand and having a plan for the year ahead.



February

Friendly food

Real Gold is eating food that helps your health and your budget with every bite.



March

\$21 Challenge

Real Gold is cooking creatively and stretching every dollar.



April


Hands in the dirt

Real Gold is getting your hands dirty and growing your own food.

May

Beautiful space

Real Gold is looking around your home and loving what you see.



June

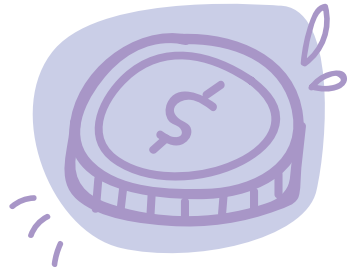
Craft and create

Real Gold is the joy creating things brings.



July
\$1 treats

Real Gold is spoiling yourself and finding joy in little things.



August
Outdoor joy

Real Gold is a beautiful place to sit and recharge your soul.



September
o x o x o x o x
Kindness

Real Gold is helping others without expecting anything in return.



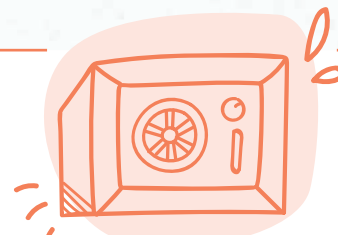
October
Christmas organised

Real Gold is shopping before everyone else does.



November
No spend

Real Gold is the freedom of knowing how little you can live off, brings.




December
Take a rest

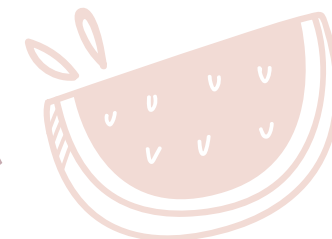
Real Gold is sitting back and enjoying a well earned rest.





Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	1 Term 1 Begins ACT Ongoing Students & NT Remote	2	3	4 Term 1 Begins NSW West	5	6
7 Waitangi Day New Zealand	8	9 Term 1 Begins TAS	10	11	12	13
14 Royal Hobart Regatta TAS Valentine's Day	15	16	17	18	19	20
21	22	23 Launceston Cup TAS	24	25	26	27
28	Food that makes you feel fuller, more satisfied and more content.					

Notes



Notes

Monday Tuesday Wednesday Thursday Friday Saturday Sunday

Eating food you have grown and picked...

Calendar grid with dates 1-30 and events: School Term Ends QLD, ACT, NSW, SA, TAS, VIC; Daylight Savings Time Ends; School Term Ends ACT, NSW, NT, VIC, WA; Good Friday incl New Zealand; Easter Saturday; Easter Sunday; Easter Monday incl New Zealand; Easter Tuesday TAS; School Term Begins NT, QLD; ANZAC Day incl New Zealand; School Term Begins ACT, NSW, VIC, WA. Includes a '...feels fantastic!' box on the 30th.

Vertical list of horizontal lines for writing notes.



Series of horizontal dotted lines for taking notes.

Calendar grid for May with days of the week and dates. Includes a central banner for 'Downsize, donate and enjoy the space.' and specific events like Reconciliation Day ACT, Labour Day QLD, AGFEST Tasmania, and Mothers Day.

August

Outdoor joy



Calendar grid for August with days of the week (Monday-Sunday) and dates (1-31). Includes holiday information for Monday 1st and specific events for Wednesday 10th and Friday 19th.

Make an outdoor oasis to recharge and rebuild your energy.



Lined writing area for notes.

Kindness



Notes

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Volunteering gives...			1	2	3	4 Fathers Day
5	6	7	8	9	10	11
12	13	14	15	16 School Term Ends QLD, VIC	17	18
19	20	21	22	23 School Term Ends ACT, NSW, NT, WA	24	25
26 Queens Birthday WA	27	28	29	30 Burnie Show TAS School Term Ends SA, TAS	...enormous satisfaction o x o x o x o x	



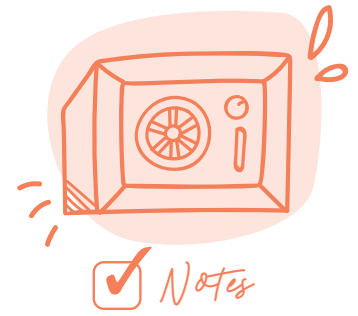
Notes

Calendar grid with days of the week (Monday to Sunday) and dates (1-31). Includes events such as Labour Day ACT, NSW, SA; School term Begins QLD; Royal Launceston Show TAS; Flinders Island Show TAS; and Royal Hobart Show Day TAS.

Lined area for taking notes.

November

No spend



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
The goal for this month is to...	1 Melbourne Cup Day VIC	2	3	4	5	6
7 Recreation Day TAS	8	9	10	11 Remembrance Day	12	13
14	15	16	17	18	19	20
21	22	23	24	25 Devonport Show TAS	26	27
28	29	30	<div style="background-color: #e67e22; color: white; padding: 10px; text-align: center;"> <p>...avoid spending any unnecessary money.</p> </div>			



Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

Sit back, kick your shoes off and...

1

2

3

4

5

6

7

8

9 School Term Ends QLD

10

11

12

13

14

15 School Term Ends NT Urban, WA

16 School Term End ACT, NT Remote, SA

17

18

19

20 School Term Ends NSW, VIC

21 School Term Ends TAS

22

23

24 Christmas Eve

25 Christmas Day

26 Boxing Day incl New Zealand
Christmas Day Holiday SA

27 Christmas Day Holiday
Proclamation Day SA

28

29

30

31 New Years Eve

...enjoy.